



PRE CARE INSTRUCTIONS

Do not take any blood thinning medications (aspirin, Excedrin, Plavix, ibuprofen, fish oil, Aleve, Vitamin E, etc.) for 5 days prior to and 3 days after injections. Take Arnica Montana (3 pills for 3 days prior to injections) to reduce inflammation and bruising.

WHAT TO EXPECT

During your treatment, the practitioner will inject the appropriate product into the specific areas that you indicate you would like treated. You should expect minor discomfort during the treatment. If you have received a filler treatment, you will likely see swelling at or near the injection site so you will need to wait until the swelling subsides (3-7 days) before you will have an indication of the effectiveness of your treatment. You will not see results from your neurotoxin treatment for at least a few days as neurotoxins take anywhere from 2 to 10 days to fully activate. We recommend that you schedule a two-week follow up visit as touchups are occasionally required to achieve optimal results. Any touchups will be charged at the regular price. Initially, you will have swelling and bruising at the area injected. You may also have small lumps in the areas where you had fillers injected.

Do not take any blood thinning medications (as approved by your medical provider) including: aspirin, Excedrin, Plavix, ibuprofen, fish oil, Aleve, St. John's Wort, Vitamin E, etc. for 5 days prior to and 3 days after injections. Take Arnica Montana (3 pills for 3 days prior to injections) to reduce inflammation and bruising.